

BELOW 100 INTENSIVE & TRAIN-THE-TRAINER

Hosted By: RTD Transit Police Department

OCTOBER 22, 2025



TRAINING SESSIONS:

BELOW 100 INTENSIVE 8AM - 12PM

This is the core program course focused on the 5 Tenets of Officer Safety

BELOW 100 TRAIN THE TRAINER* 1PM - 5PM

This course is for agency recognized trainers who want to be certified to instruct the Below 100 Intensive course on their own.

** Trainer Candidates must first attend the Below 100 Intensive Course*

Training provided by Below 100 Core Instructor:
Dale Stockton



WIN -

- Heart attacks are
- These losses ofte
- Awareness is key
- Make sure you kn
 - Blood pressure
 - Body Mass Index
 - Cholesterol levels
 - Family history/ris

SIGN UP LINK

[www.greatermetroregion.com/
training-registration](http://www.greatermetroregion.com/training-registration)

Questions: Lt. Andrew Cross
E: andrew.cross@rtd-denver.com
P: (303) 299-2681

TRAINING LOCATION:

RTD Commuter Rail Maintenance Facility
701 W 48th Avenue, Room 204
Denver, CO 80216

Vision - Reduce line-of-duty deaths to fewer than 100 per year.