



Human Fatigue in 24/7 Operations

November 5, 2026 – Commerce City, Colorado



ABOUT THE COURSE:

Fatigue management is more than a wellness initiative — it's a risk management strategy. This course equips public safety agencies and personnel with the tools and knowledge to help safeguard personnel, improve performance, and sustain mission readiness in a 24/7 world. This engaging and research-based training is designed to help public safety professionals understand and mitigate the effects of human fatigue in 24/7 operations. Through practical examples, data-driven insights, and actionable strategies, participants will learn how to enhance individual wellness and performance, while reducing organizational risk.

ABOUT THE FACILITATOR:

CAPTAIN REX M. SCISM (Ret.) is a 32-year law enforcement veteran and former director of research and development for the Missouri State Highway Patrol. He also had a successful military career, retiring from the Missouri Army National Guard after 20 years of service. Mr. Scism served as a public safety and private sector consultant and instructor for over 20 years. He formerly served as an adjunct faculty member in the Department of Criminal Justice for both Columbia College and the University of Central Missouri, and is a frequent speaker, contributor, and author to multiple sources about various public safety and leadership topics. Mr. Scism is a graduate of the FBI National Academy's 249th Session and currently serves as a part-time content developer for Lexipol.

Benefits of Attending

- Improved health, safety, and morale
- Reduced fatigue-related incidents and liability
- Enhanced operational readiness and decision-making
- Data-driven scheduling and wellness policy development

ENROLLMENT:

Email the attached form to: rex.scism@gmail.com. Pre-registration is required, and the registration fee is \$89 per person, unless you are enrolled in the ***Leadership Fundamentals: Finding the Leader in You (FLIY)*** course. Then discounted tuition rate is \$69 per person. Make checks payable to "Rex Scism" and mail to: PO Box 1993, Littlefield, AZ 86432. You may also call 573-424-3783 to enroll. Credit card payments are accepted through PayPal and are subject to a 4% fee.

TRAINING LOCATION:

This seminar is being hosted by the **Commerce City Police Department**. All training will take place at the **Bison Ridge Recreation Center**, located at [13905 E. 112th Ave., Commerce City, CO 80022](#). Visit www.rexscism.com for additional information about this course.



ENROLLMENT FORM

Course: **Human Fatigue in 24/7 Operations**

Course Date: **November 5, 2026 (1:00 PM to 5:00 PM)**

Location: **Commerce City, Colorado**

Participant Name: _____

Agency/Organization: _____

Mailing Address: _____

City, State, Zip: _____

Telephone: _____

Email Address: _____

Contact for Billing: _____

Billing Email: _____ Billing Phone: _____

Please list the additional participants from your agency/organization:

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

NAME: _____ EMAIL: _____

Total Number Attending: _____

Tuition: **\$89 per person (unless enrolled in FLIY – then tuition is \$69 per person)**

Total Due: _____ (make checks payable to “Rex Scism”).”

Email to: rex.scism@gmail.com or call 573-424-3783