



**BROWER**  
**PSYCHOLOGICAL**  
 POLICE & PUBLIC SAFETY SERVICES

# 30-Hour Basic Peer Support Training

**Open to ALL Public Safety Agencies**

## COVERED TOPICS INCLUDE

### Peer Support Team Essentials:

- Setting up a capable, functional team
- Selection and retention fundamentals
- Requirements and limits to confidentiality
- Limits, liabilities, and ethical issues, including role conflicts
- Organizational communication and guidelines

### Peer Support Skill Development:

- Communication and listening skills
- Stress management and resiliency
- Burnout and compassion fatigue recognition and prevention techniques
- Suicide risk assessment
- Grief management
- Job-related critical incident response
- Moral distress and moral injury
- Dependency, substance use, and addictive behaviors
- Relationship and family issues
- Knowing when to refer your peer
- Peer Supporter wellness and self-care strategies

### Participants will receive:

- Full course materials
- Peer Support Team Starter Kit
- USB of tools and resources for immediate use at your agency

## Instructor Credentials:

Brower Psychological Services' team of clinicians serves over 100 public safety agencies in Colorado and across the country. This team of culturally competent clinicians has been trained by Dr. Jaime Brower, Psy. D., ABPP, who is the founder of Brower Psychological Services. She currently sits on the ABPPSP Board, as the Academy President, and has worked with emergency services for over 2 decades. She now serves as the Vice President of Peer Support and Clinician Training and Membership for Lexipol.



**Hosted by**  
**Adams County Sheriff's Office**



**ACSO Substation**  
 4201 East 72nd Ave  
 Commerce City, CO 80022  
 2nd floor, OEM Conf. Room

**July 14-16, 2026**

**0800 - 1800**

**\$350 registration fee**

**To Register:**  
 Kristi Thoutt  
 720-523-7501  
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**PLEASE NOTE: Deadline to register is June 29th, 2026**